

# SPORTS SOCIOLOGY

Course Code

PE-325

Credit Hours

2 (1-1)

## Course Description:

This course explores the social dimensions of sport, including its role in society, the influence of culture, gender, race, politics, and economics, and how it reflects and shapes social values and institutions. Students will analyze sports as a social phenomenon and its impact on community development and global interactions.

## Course Learning Outcomes (CLOs):

By the end of the course, students will be able to:

1. Understand the sociological theories and concepts applicable to sports.
2. Evaluate the role of sports in society, culture, and community development.
3. Analyze the relationship between sports and social structures like gender, class, and race.
4. Explore the impact of politics, media, and globalization on sports.
5. Conduct sociological research related to sports topics.

## Course Content:

### Week 1-2

#### Introduction to Sports Sociology

- Definition and Scope of Sociology in Sports
- Importance of Sociological Study in Sports
- Key Sociological Theories Related to Sports

### Week 3-4

#### Social Institutions and Sports

- Sports as a Social Institution
- Relationship Between Sports, Family, and Education
- Role of Religion and Politics in Sports
- **Practical:** Analyze a Local Sports Event from a Sociological Perspective

### Week 5-6

#### Social Stratification and Sports

- Social Class and Access to Sports Opportunities
- Gender and Sport: Progress and Challenges
- Racial and Ethnic Diversity in Sports
- **Practical:** Case Study on Gender Equality in a Specific Sport

### Week 7-8

#### Sports and Culture

- Cultural Values, Traditions, and Sports
- Sports as a Medium for Cultural Exchange
- National Identity and the Role of Sports
- **Practical:** Exploring Cultural Representation in International Sporting Events

## **Week 9-10**

### **Sports and Media**

- Role of Media in Shaping Sports Narratives
- The Economics of Sports and Sponsorships
- Impact of Social Media on Sports and Athletes
- **Practical:** Media Analysis of a Sports Celebrity or Campaign

## **Week 11-12**

### **Violence, Ethics, and Fair Play in Sports**

- Violence in Sports and Its Societal Impacts
- Ethical Issues and Corruption in Sports
- Doping, Fair Play, and Sportsmanship
- **Practical:** Discussion and Debate on an Ethical Dilemma in Sports

## **Week 13-14**

### **Globalization of Sports**

- Impact of Globalization on Sports and Athletes
- Migration of Athletes and Its Social Effects
- International Sports Events and Global Solidarity
- **Practical:** Group Project on the Social Impact of a Global Sports Event

## **Week 15-16**

### **Research in Sports Sociology**

- Research Methods in Sports Sociology
- Conducting Surveys and Interviews in Sports Studies
- Presentation of Final Research Project

### **Teaching and Learning Methods:**

- **Lectures:** Concepts and sociological theories related to sports
- **Case Studies:** Real-world examples of sports-related sociological phenomena
- **Practical Exercises:** Analyzing media, events, and societal impacts
- **Group Discussions:** Engaging in debates on sociological issues in sports
- **Field Projects:** Conducting research and presenting findings

### **Recommended Books (APA Style):**

1. Coakley, J., & Pike, E. (2020). *Sports in society: Issues and controversies* (12th ed.). McGraw-Hill Education.
2. Sage, G. H., Eitzen, D. S., & Beal, B. (2019). *Sociology of North American sport* (11th ed.). Oxford University Press.
3. Giulianotti, R. (2015). *Sport: A critical sociology* (2nd ed.). Polity Press.
4. Edwards, A., & Jones, R. (2022). *The social impact of sport* (3rd ed.). Routledge.
5. Maguire, J. (2018). *Global sport: Identities, societies, civilizations*. Polity Press.